

Name	Gender	Overall position	Gender position	Time
Matheko Mpe	Male	1	1	'0:41:16.8
Juan Oosthuizen	Male	2	2	'0:46:41.3
André Bellingan	Male	3	3	'0:50:12.0
Johnie Jonker	Male	4	4	'0:51:17.6
Jasper Lehmann	Male	5	5	'1:02:12.3
Luka Jansen van Vuuren	Male	6	6	'1:02:46.2
Esme van Rooyen	Female	7	1	'1:04:46.5
Grant Hall	Male	8	7	'1:04:50.5
MARK W THOMPSON	Male	9	8	'1:06:05.3
Renate Swarts	Female	10	2	'1:06:42.2
Christiaan Thom	Male	11	9	'1:07:01.3
Gerald Steyn	Male	12	10	'1:09:33.2
Sune le Roux	Female	13	3	'1:10:11.5
Carla Bekker	Female	14	4	'1:10:17.5
Karen Odendaal	Female	15	5	'1:10:20.2
Courtney Van Der Westhuizen	Female	16	6	'1:11:45.7
Jano Jansen Van Vuuren	Male	17	11	'1:11:48.0
Johann Gerber	Male	18	12	'1:11:50.7
Jane THOMPSON	Female	19	7	'1:12:34.6
Susan Lesch	Female	20	8	'1:13:14.5
Christan Kroll	Male	21	13	'1:13:42.8
Lani Hartmann	Female	22	9	'1:15:13.2
Helen Maritz	Female	23	10	'1:21:07.2
Helena Silver	Female	24	11	'1:33:20.4
Nicole Townsend	Female	25	12	'1:33:58.0
William Mason	Male	26	14	'1:38:15.2
Tilde Eloff	Female	27	13	'1:39:28.7
Bongani Nkwana	Male	28	15	'2:23:30.1